

# ACTIVITY PLANNING FOR THIS MONTH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK-END

MANUAL WORKSHOPS



LITTLE BAC GAME



SINGING LESSONS



GAMES WITH SCARLETT



PASTRY WORKSHOP



GENTLE GYM



FLORAL ART: WINTER FLOWERS



REMINISCENCE WORKSHOP WITH E-SOUVENIRS



DANCING TEA



BOARD GAMES



RELAXATION SESSION



REMINISCENCE WORKSHOP WITH E-SOUVENIRS

GRAND LOTTO



PAINTING WORKSHOP



GAMES WITH SCARLETT



FLORAL ART: WINTER FLOWERS



READING STORIES



MANUAL WORKSHOPS



BINGO

SINGING LESSONS



GARDENING/ DIY WORKSHOP



BOARD GAMES



GENTLE GYM



PHOTO PROJECTION



GAMES WITH SCARLETT



LITTLE BAC GAME



REMINISCENCE WORKSHOP WITH E-SOUVENIRS

PHOTO PROJECTION



RELAXATION SESSION



GAMES WITH SCARLETT



PASTRY WORKSHOP



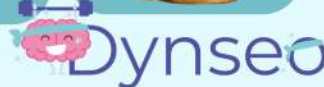
GRAND LOTTO



FLORAL ART: WINTER FLOWERS



HARVEST



# ACTIVITY PLANNING FOR THIS MONTH

WEEK OF .....



MONDAY

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WEEK-END

REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS

GAMES WITH  
SCARLETT



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS

REMINISCENCE  
WORKSHOP WITH  
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GAMES WITH  
SCARLETT



GAMES WITH  
SCARLETT



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS

GAMES WITH  
SCARLETT



# ACTIVITY PLANNING OF THIS MONTH

MONDAY

TUESDAY

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THURSDAY

FRIDAY

WEEK-END



WORKSHOP:  
CHRISTMAS  
DECORATION  
S



LITTLE BAC  
GAME



SINGING  
LESSONS



GAMES WITH  
SCARLETT



CHRISTMAS  
BAKING  
WORKSHOP



GENTLE GYM



FLORAL ART:  
CHRISTMAS  
FLOWERS



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS



DANCING  
TEA



BOARD  
GAMES



RELAXATION  
SESSION



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS

GRAND  
LOTTO



CHRISTMAS  
PAINTING  
WORKSHOP



GAMES WITH  
SCARLETT



FLORAL ART:  
HOLIDAY  
FLOWERS

READING  
CHRISTMAS  
STORIES



TREE  
DECORATION



SINGING  
LESSONS



GARDENING/  
DIY  
WORKSHOPS



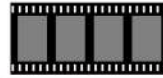
BOARD  
GAMES



GENTLE GYM



PHOTO  
PROJECTION



GAMES WITH  
SCARLETT



LITTLE BAC  
GAME



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS

PHOTO  
PROJECTION



RELAXATION  
SESSION



GAMES WITH  
SCARLETT



CHRISTMAS  
BAKING  
WORKSHOP



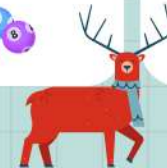
GRAND  
LOTTO



FLORAL ART:  
CHRISTMAS  
FLOWERS



CHRISTMAS  
MASS



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REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS



GAMES WITH  
SCARLETT



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS

GAMES WITH  
SCARLETT



GAMES WITH  
SCARLETT



REMINISCENCE  
WORKSHOP WITH  
E-SOUVENIRS



GAMES WITH  
SCARLETT



# ACTIVITY PLANNING OF THIS MONTH



WEEK OF .....



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK-END	
REMINISCENCE WORKSHOP WITH E-SOUVENIRS 	RELAXATION SESSION 	BOARD GAMES 	GAMES WITH SCARLETT 	POTTERY WORKSHOP 	READING STORIES 	PHOTO PROJECTION 
MANUAL WORKSHOPS 	SINGING LESSONS 	BINGO 	PASTRY WORKSHOP 	GENTLE GYM 	FLORAL ART: SUMMER FLOWERS 	DANCING TEA 
GAMES WITH SCARLETT 	GARDENING/ DIY WORKSHOPS 	FLORAL ART: SUMMER FLOWERS 	MANUAL WORKSHOPS 	REMINISCENCE WORKSHOP WITH E-SOUVENIRS 	RELAXATION SESSION 	GRAND LOTTO 
GENTLE GYM 	PASTRY WORKSHOP 	DANCING TEA 	PHOTO PROJECTION 	BINGO 	SINGING LESSONS 	GAMES WITH SCARLETT 
GRAND LOTTO 	REMINISCENCE WORKSHOP WITH E-SOUVENIRS 	POETRY READING 	GAMES WITH SCARLETT 	BOARD GAMES 	GARDENING/ DIY WORKSHOPS 	POTTERY WORKSHOP 

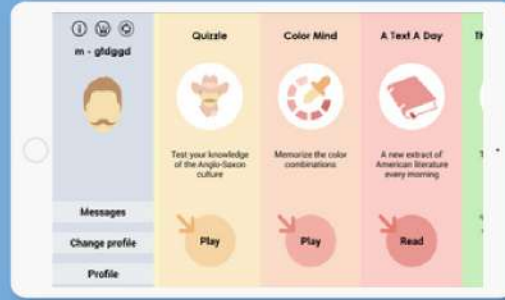


# ACTIVITY PLANNING OF THIS MONTH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK-END	
REMINISCENCE WORKSHOP WITH E-SOUVENIRS			GAMES WITH SCARLETT 			
GAMES WITH SCARLETT 				REMINISCENCE WORKSHOP WITH E-SOUVENIRS		
						GAMES WITH SCARLETT 
	REMINISCENCE WORKSHOP WITH E-SOUVENIRS		GAMES WITH SCARLETT 			





## BRAIN TRAINING

Easy and adapted memory games to learn while training your memory.



No Internet needed



Designed and developed with health professionals



**Congested Parking**



**Simili**



**Noah's Ark**



**Syllabus**



**Puzzle Plus**



**Brain Storm**

30+ easy and fun games



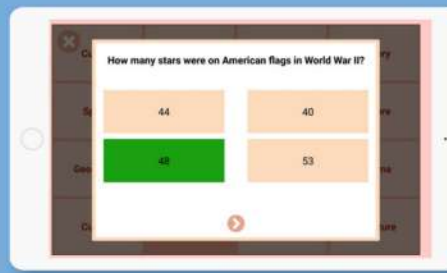
Group activities or 1-on-1 training



## AN APP TO MAINTAIN AND CREAT SOCIAL LINKS



**Granny Cooks**



**Quizzle**



**A Card A Date**

Some games can be used to create social links with the seniors, get to know them and start conversations.