

# DYS DISORDERS IN PRIMARY SCHOOL: IDENTIFYING SIGNS AND ADAPTING

**For teachers, learning support assistants, parents, and educational professionals**

Understand, identify, and support DYS profiles with concrete and inclusive tools

<b>Duration</b> : 6 hours	<b>Modules</b> : 6 modules
<b>Lessons</b> : 23 lessons	<b>Audience</b> : Teachers, learning support assistants, parents, educational professionals
<b>Format</b> : 100% online, asynchronous	<b>Provider</b> : N° 11757351875
<b>Certification</b> : Qualiopi	<b>Price</b> : On request

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## Course description

This training provides you with clear guidelines to understand DYS disorders (dyslexia, dysorthographia, dyscalculia, dysphasia, dyspraxia) and their concrete effects on learning, confidence, and classroom life. You will learn to identify early signs, distinguish profiles and their needs, and implement simple and effective adaptations. Through inclusive pedagogical strategies, concrete tools, and practical situations, you will be better equipped to support the student in class and at home. You will leave with ready-to-use tools, observation grids, adaptation checklists, and school-family tracking templates to help each DYS student progress, gain autonomy, and restore daily confidence.

## Module summary

<b>MODULE 1</b>	Understanding DYS disorders	5 lessons
<b>MODULE 2</b>	Managing Emotions and Motivation	2 lessons
<b>MODULE 3</b>	Adaptations in the School Environment	5 lessons
<b>MODULE 4</b>	Inclusive Learning Strategies	3 lessons
<b>MODULE 5</b>	Link between school, family, and professionals	3 lessons
<b>MODULE 6</b>	Practical Activities: Immersive Workshops	6 lessons

## Learning objectives

### Learning objectives

- Understand DYS disorders: definitions, typology, warning signs, and possible comorbidities
- Identify the impacts on reading/writing, language, mathematical reasoning, fine motor skills, and organization
- Implement effective adaptations for each disorder (extended time, adapted materials, alternatives to handwriting, manipulations, etc.)
- Deploy inclusive learning methods: multisensory approach, broken tasks, step-by-step guidance, peer tutoring
- Manage emotions and motivation: specific feedback, achievable goals, right to make mistakes, recognition of progress
- Cooperate school-family-professionals around a shared action plan
- Use digital assistance tools and playful materials
- Leave with practical sheets, checklists, and templates that can be directly applied in class and at home

## General information

<b>Duration</b>	6 hours
<b>Target audience</b>	Teachers, learning support assistants, parents, educational professionals working with primary school children

<b>Prerequisites</b>	None, training accessible to all adults
<b>Price</b>	On request - VAT not applicable (article 261-4-4° du CGI)
<b>Certification</b>	Qualiopi - Certificate of completion
<b>Training provider</b>	DYNSEO - Activity registration number: 11757351875

**INTRODUCTION****Understanding DYS disorders in context**

2 lessons

**Lesson 1 - Introduction to DYS disorders**

- Overview of specific learning disorders
- Prevalence and impact on schooling
- Common myths and misconceptions

**Lesson 2 - DYS disorders in the school context**

- Daily manifestations in the classroom
- Impact on academic performance and social life
- Importance of early identification and support

**MODULE 1****Understanding DYS disorders**

5 lessons

**Lesson 1 - Dyslexia**

- Specific learning disorder in reading and decoding
- Slow reading, letter confusions, inversions, comprehension difficulties
- Impact on all subjects requiring reading
- Not related to intelligence, requires appropriate accommodations

**Lesson 2 - Dysorthografia**

- Specific learning disorder in spelling
- Numerous spelling errors, confusion of sounds, phonetic writing
- Difficulty applying grammatical rules and memorizing word spelling
- Correction tools and adaptations help express ideas

**Lesson 3 - Dyscalculia**

- Specific learning disorder in mathematics
- Difficulty understanding numbers, memorizing facts, performing calculations
- Confusion between numbers, problems with time and spatial concepts
- Concrete manipulation and visual aids are essential

**Lesson 4 - Dysphasia**

- Specific developmental disorder of oral language
- Limited vocabulary, word-finding difficulties, pronunciation problems
- Difficulty understanding complex instructions and abstract concepts
- Visual aids and rephrasing are valuable allies

**Lesson 5 - Dyspraxia**

- Specific disorder of coordination and planning of movements
- Slow and tiring writing, general clumsiness, organizational difficulties
- Problems with manual activities, sports, and geometry
- Digital tools and material adaptations can greatly help

**MODULE 2****Managing Emotions and Motivation**

2 lessons

**Lesson 1 - Common Emotions in a DYS Child**

- Cognitive fatigue from intense concentration on automatic tasks
- Low self-esteem from repeated failures and mistakes
- Impact of others' gaze: mockery, judgment, isolation
- Support both learning and emotional well-being

**Lesson 2 - Strategies to Enhance and Encourage**

- Highlight strengths and value the method, not just the result
- Set realistic goals with progressive steps for small victories
- Use immediate positive feedback, varied forms of recognition
- Encourage cooperation, give meaning to learning, celebrate efforts

**Lesson 1 - Adaptations for Dyslexia and Dysorthographia**

- Reading: larger font, suitable fonts, increased spacing, reading guides
- Writing: reduce amount, fill-in-the-blank texts, computer use
- Spelling: do not penalize errors, allow correction tools
- Instructions: read aloud, rephrase, break into steps, use pictograms
- Assessments: extra time, oral responses, read statements

**Lesson 2 - Adaptations for Dyscalculia**

- Understanding: manipulatives, visual representations, number lines
- Calculation: allow tables as reference, calculators, graph paper
- Problems: illustrate with drawings, break down steps, simplify language
- Geometry: templates, suitable instruments, pre-drawn figures, software
- Assessments: reduce exercises, extra time, evaluate reasoning

**Lesson 3 - Adaptation for Dysphasia**

- Understanding: speak slowly, simple sentences, gestures, check comprehension
- Expression: allow time, accept short responses, offer choices, use visuals
- Learning: written and visual supports, diagrams, mind maps, audio recording
- Social: raise awareness, small group activities, protect from teasing

**Lesson 4 - Adaptations for Dyspraxia**

- Writing: computer use, fill-in-the-blank texts, thick lines, ergonomic tools
- Materials: binders, adapted scissors, rulers with handles, visual organization
- Manual activities: adapt expectations, value effort, offer alternatives
- Assessments: extra time, oral or computer responses, evaluate content

**Lesson 5 - Technologies Serving DYS Students**

- Dyslexia/dysorthographia: text-to-speech, spell checkers, voice dictation
- Dyscalculia: talking calculators, geometry software, virtual manipulatives
- Dysphasia: augmentative communication apps, audio recorders, visual supports
- Dyspraxia: computer, adapted keyboard/mouse, geometry software
- Tool must be mastered, available during assessments, not isolating

**Lesson 1 - Multisensory Methods**

- Engage multiple senses: visual, auditory, kinesthetic
- Opens multiple paths to the same goal for better understanding
- Combines seeing, hearing, and manipulating to create brain connections
- Benefits all children, adapts to different learning styles

**Lesson 2 - Pair Activities or Tutoring Between Students**

- Breaks isolation, creates mutual support dynamics
- DYS student benefits from peer support, tutor reinforces their own learning
- Stable or rotating pairs, occasional tutoring for specific tasks
- Develops empathy, cooperation, and sense of belonging

**Lesson 3 - Importance of Pauses and Appropriate Rhythm**

- DYS child gets tired more quickly from intense cognitive effort
- Incorporate breaks to regenerate attention and prevent overload
- Alternate intense work with active recovery, adjust to time of day
- Benefits whole class, maintains calm learning environment

**Lesson 1 - Role and place of each actor**

- School: identifying difficulties, implementing adaptations, communicating

- Family: observing at home, sharing information, supporting self-esteem
- Professionals: speech therapist, psychomotor therapist, occupational therapist, psychologist
- Coordination essential for consistent strategies across all settings

### Lesson 2 - Communication and Regular Follow-up

- Regular structured communication: notebooks, shared agenda, digital tools
- Report progress as often as difficulties to motivate student
- Educational team meetings to align expectations and adjust strategies
- Listen as much as inform for global view and accurate support

### Lesson 3 - Practical Tips and Strategies for Collaboration

- Establish common goals, use clear language, favor regular updates
- Share successes often, document strategies that work
- Respect each person's role and limits within their field
- Partnership approach creates coherent support for child's success

## MODULE 6

## Practical Activities: Immersive Workshops

6 lessons

### Lesson 1 - Putting Yourself in the Shoes of a DYS Student

- Explore each DYS disorder through practical immersive activities
- Experience situations students face daily to understand difficulties
- Reflect on what hindered you, emotions felt, and needed support

### Lesson 2 - Scenario - Dyslexia

- Read text with visual disturbances: inverted letters, distorted font
- Feel difficulty of decoding and understanding meaning
- Identify emotions and what would have helped

### Lesson 3 - Scenario - Dysorthographie

- Write dictated text quickly or with non-dominant hand
- Feel difficulty of transcription and readability challenges
- Identify emotions and needed support

### Lesson 4 - Scenario - Dyscalculia

- Solve math problem with unknown symbols or moving objects
- Feel difficulty of manipulating numbers and uncertainty
- Identify what would have helped: materials, time, rephrasing

### Lesson 5 - Scenario - Dysphasia

- Listen to instructions in unknown language or express without key words
- Feel difficulty of understanding and oral expression
- Identify needed support: shorter instructions, visual aids, time

### Lesson 6 - Scenario - Dyspraxia

- Write with thick gloves or reproduce shape with non-dominant hand
- Feel difficulty of coordination and planning of movements
- Identify energy expended and needed support: time, tools, simplified task

## Teaching methods

- Online self-paced training accessible 24/7
- Video lessons, practical exercises, and immersive scenarios
- Downloadable resources: observation grids, adaptation checklists, tracking templates
- Final quiz to validate acquired skills
- Certificate of completion issued upon successful completion