

# SUPPORTING A CHILD WITH DYS DISORDERS: KEYS AND SOLUTIONS FOR EVERYDAY LIFE

For parents, educators, and caregivers supporting children with DYS disorders

Practical tools to lighten daily challenges and boost your child's confidence

<b>Duration</b> : 4 hours	<b>Modules</b> : 4 modules
<b>Lessons</b> : 10 lessons	<b>Audience</b> : Parents, educators, and caregivers
<b>Format</b> : 100% online, asynchronous	<b>Provider</b> : N° 11757351875
<b>Certification</b> : Qualiopi	<b>Price</b> : On request

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## Course description

This training course provides simple guidelines for understanding the various DYS disorders (dyslexia, dysorthographie, dyscalculia, dyspraxia, dysphasie), recognizing warning signs, and measuring their impact at school and at home. You will leave with concrete tools to support daily life without adding pressure to the child or the parents. Expect practical strategies for visual organization, effective routines, adapted educational games, and a method for serene cooperation with teachers and health professionals. A 100% practical course to lighten homework load, set up reassuring routines, and build a clear roadmap for moving forward hand-in-hand with school and professionals.

## Module summary

<b>MODULE 1</b>	Understanding DYS Disorders	3 lessons
<b>MODULE 2</b>	Supporting the Child Daily	3 lessons
<b>MODULE 3</b>	The Family's Role	3 lessons
<b>MODULE 4</b>	DYNSEO for Supporting a Child with DYS Disorders	1 lesson

## Learning objectives

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- Identify the main forms of DYS disorders and their manifestations
- Recognize persistent warning signs and understand the assessment/diagnosis process
- Measure the impact on homework, organization, fatigue, and self-confidence
- Structure the home environment with color codes, visual schedules, and checklists
- Use simple digital tools and educational games to reduce cognitive load
- Cooperate effectively with teachers and health professionals
- Encourage without pressure and develop the child's autonomy
- Maintain a serene family atmosphere while managing parental stress
- Implement DYNSEO COCO THINKS and COCO MOVES tools with sports breaks

## General information

<b>Duration</b>	4 hours
<b>Target Audience</b>	Parents, educators, caregivers, and anyone supporting children with DYS disorders
<b>Prerequisites</b>	None, training accessible to all adults
<b>Pricing</b>	Sur devis - TVA non applicable (article 261-4-4° du CGI)
<b>Certification</b>	Qualiopi - Attestation de fin de formation

**Organization**

DYNSEO - N° de déclaration d'activité : 11757351875

**MODULE 1****Understanding DYS Disorders**

3 lessons

**Lesson 1 - Overview of DYS Disorders**

- Definition and classification of main DYS disorders
- Dyslexia, dysorthographia, dyscalculia, dyspraxia, dysphasia explained
- Isolated or associated disorders and variable intensity
- Prevalence and neurological basis

**Lesson 2 - Warning Signs and Diagnosis**

- Persistent signs to watch for at different ages
- When and how to seek professional assessment
- The diagnosis process: strengths and weaknesses identification
- Understanding professional reports and recommendations

**Lesson 3 - Impact at School and at Home**

- Effects on homework completion and academic performance
- Impact on daily rhythm, organization, and routines
- Fatigue management and cognitive load
- Consequences on self-confidence and social interactions

**MODULE 2****Supporting the Child Daily**

3 lessons

**Lesson 1 - Tools and Organization Strategies**

- Visual organization with color coding systems
- Effective routines and checklists for daily tasks
- Task splitting and step-by-step instructions
- Creating an uncluttered work area to reduce cognitive load
- Simple digital tools for homework support

**Lesson 2 - Educational Games and Adapted Stimulation**

- Games to stimulate language development
- Activities for memory and attention improvement
- Math and logic exercises through play
- Motor skills development: puzzles, constructions, cards, dice
- Balancing screen time with physical activities

**Lesson 3 - Cooperating with Teachers and Health Professionals**

- Effective communication strategies with the school
- Sharing adaptations and successful strategies
- Maintaining home-school-care continuity
- Understanding and implementing professional recommendations
- Building a collaborative support network

**MODULE 3****The Family's Role**

3 lessons

**Lesson 1 - Encouraging Without Pressure**

- Rewarding effort rather than results
- Creating a safe space for mistakes and learning
- Respecting the child's rhythm and abilities
- Celebrating small victories and progress
- Avoiding comparisons with siblings or peers

**Lesson 2 - Fostering Autonomy**

- Assigning small responsibilities adapted to abilities
- Offering guided choices to build decision-making skills
- Boosting self-esteem through success experiences
- Gradually reducing parental support
- Teaching self-advocacy skills

### Lesson 3 - Maintaining a Serene Family Atmosphere

- Managing parental stress and expectations
- Creating quality time beyond homework and challenges
- Establishing positive family rituals
- Supporting siblings and family balance
- Seeking support when needed

## MODULE 4

### DYNSEO for Supporting a Child with DYS Disorders

1 lesson

### Lesson 1 - The COCO THINKS and COCO MOVES Application

- Overview of 30+ educational games for cognitive stimulation
- Sports break every 15 minutes to balance attention and movement
- Adapting games to specific DYS disorders
- Tracking progress and adjusting difficulty levels
- Integrating COCO into daily routines effectively

## Teaching methods

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- Online training accessible 24/7 on our platform
- Video lessons, practical demonstrations, and downloadable resources
- Concrete tools and templates ready to use at home
- Final quiz to validate knowledge acquisition
- Certificate of completion upon successful course completion