

MENTAL HEALTH AT WORK: FREEING SPEECH AND KNOWING HOW TO GUIDE

Training for managers and HR professionals who want to take concrete action on mental health

From intentions to action: liberate speech, conduct sensitive conversations, and guide effectively

Duration : 4 hours	Modules : 4 modules
Lessons : 16 lessons	Audience : Managers and HR professionals
Format : 100% online, asynchronous	Provider : N° 11757351875
Certification : Qualiopi	Price : On request

www.dynseo.com/nos-formations | contact@dynseo.com | 09 66 93 84 22

Course description

This 4-hour training is aimed at managers and HR professionals who want to take action on mental health without replacing caregivers. It goes beyond the intentions of

Module summary

Learning objectives

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General information

Teaching methods
